

Medical Runner

Our goal is safety for all runner, road volunteers and all the people involved in this event. We are seeking volunteer Medical Runners to assist and ensure safety of the Ayahashi Kaichu Road Race.

Ayahashi Kaichu Road Tounament Race Office HP_UR L http://www.i-sam.co.jp/ayahashi_roadrace/ T E L 098-978-9404

Ayahashi Kaichu Rord **Tounament Race** Office



Traffic	Uruma City Yonashiro Comprehensive	8:30~13:30 Traffic restriction				
afi	Park Athletics Stadium~Kaichu Road Entrance Junction	in both directions				
ਨ"	Kaichu Road Entrance Junction~	8:30~13:30 Lane restriction				
Ŋ	Hamahiga Bridge Entrance Junction	0.50° 15.50 Lane restriction				
Restriction	Hamahiga Bridge Entrance Junction	9:00~10:45 Traffic restriction				
Ξ .	~Hiramiya Turning Point	in both directions				
₩.	Hamahiga Bridge Entrance Junction∼	9:00~11:10Traffic restriction				
9	Hamahiga Turning Point	in both directions				



Host AYAHASHI Road race committee, Uruma City

Kids

Co host Ryukyu Shimpo Co., Ltd./ Radio Okinawa Co., Ltd./ Uruma City Tourism and Products Association

Wako Boeki, Inc./ Uruma City Construction Industry Association OKINAWA CTS CORP./ Uruma City Piping Union Uruma City Electric Industry Association AYAHASHI Co., Ltd./ Okinawa Coca-Cola Bottling Co., Ltd.

SUMITOMO LIFE INSURANCE COPANY Okinawa Branch TAPIC Okinawa Co., Ltd./ Japan Transocean Air Co., Ltd.

Ayahashi Road Race Tournament Secretariat Inquiry | TEL.098-978-9404 | Reception time / 9:00~17:00

* Closed from December 28, 2019 to January 5, 2020.

Uruma City Council · Uruma City Education Committee · Uruma City Commerce and Industry Association · Uruma City Athletic Association · Uruma City Council for Social Welfare · Association of Chairman of Local Communities of Uruma City · Uruma City Cultural Association · Uruma City Federation of Senior Citizens' Club Association · Uruma City Women' Federation · Uruma City Youth Federation · Uruma City PTA Federation · Uruma City Kohool President Federation · Vonashior Town Fisheries Cooperative Association · Okinawa Precture Agriculture Cooperative Association







ORION BREWERIES, LTD. Uruma City Architectural Design Office

Association/ Uruma City Civil Engineers and















The 20th. Ayahashi Kaichu Road Race Tournament Implementation Guidance

QR Cord

Sports entry

2)Runnet

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Map QR Code

Uruma City-designated Ethnic Cultural Property:lha Mensa Ori

1.Purpose

With the event's Slogan, "Run the Kaichu Road while enjoying the smell of the ocean",

We welcome runner from inside and outside of Okinawa. The event's purpose is to improve skill and promote health, as well as local revitalization and promoting friendship between the local citizens and participants.

2.Race Date and Location

The opening ceremony will be held at 8:00 and the race will start at 9:00 on 7 April (Sun.) 2019 rain or shine. The closing ceremony will be held at 14:00. The location is Uruma City Yonashiro Comprehensive Park Athletics Stadium (Start/Finish).

3.Events

Events	Eligibility for Participation	Starting Time	Time Limit	Entry Restiction	Participation Fee				
Half Marathon(21,0975km)	16years old and above on the date of this race	9:00	2h50mins	3,000people		¥4,000			
Trim Marathon(10km)	13years old and above on the date of this race	9:50	1h30mins	2,000people	Adult	¥3.000	Child	¥2,000	
Trim Marathon(3.8km)	All ages	12:10	50mins	3,500people	+ 3,000				

**Children under 7 years old must be accompanied by a legal guardian (legal guardian need to apply to the same events as their children.) Legal guardian shall be responsible for their children.

**A T-shirt and drink will be given to all the participants, and on accident insurance fee is included in the participation fee. Participants who complete the race within the time limit can receive a certificate

of race completion. child is the ones who was vorn in 2nd April 2013 and later.

We will stop accepting entry applications once the entry limit is reached

4.Application Method

Please refer to the bottom for the places to apply.

The application forms are available at Family Mart and the places of application No. 4-7.
*When you send the fee by registered mail, please use the form downloaded from the race web site.

If you apply at the reception desk, fill the necessary information out on the designate form (one form per person) and submit the form with the fee at the

desk No.4-7 including Family Mart.
You can use the touch screen for entering necessary information at the place No. 1,

FamiPort. (The entered information will be printed out a copy for your record.) Use No. 1-3, if you apply through the internet.

Using telephone or fax for the application is possible from No. 1.

You cannot apply at any banking facilities including post offices, but you can send the fee by registered mail from the post office. (The application must be postmarked by 23 February 2019).

When applying at No. 1-3 and 9, a committon fee is charged.

Parents consent (signature and Inkan/stamp) are require for minors to participate in the race. (Minor on the racing day).

5. Application Place

- https://www.sportsentry.ne.jp/event/t/77345
 TEL: 0570-550-846 (Weekdays 10:00 ~ 17:30)
 FAX: 0120-37-8434 *Please use fax paper (Running Magazine (Courir))

- FAX: 0120-37-8434 *Please use fax paper (Running Magazine (Courir))
 Family Mart (Fami Port)

 2. Runnet Internet http://runnet.jp/cgi-bin/?id=215713

 3. Sportsnavi Do Internet https://dosports.yahoo-net.jp/running

 4. Ayahashi Kaichu Road Race Tournament Office TEL: 098-978-9404 (9:00 ~17:00) 1 Chuo Yonashiro Uruma City Okinawa 904-2305

 5. Ryukyu Shimpo Main Branch Office TEL: 098-865-5253 (10:00 ~ 17:00) 1-10-3 IZUMIZAKI, Naha City Okinawa 900-8525

 6. Ryukyu Shimpo Chubu Branch Office TEL: 098-934-6500 (10:00 ~ 17:00) 25-6 Nakasone Okinawa City Okinawa 904-0014

 7. Ryukyu Shimpo Northern Branch Office TEL: 0980-53-3131 (10:00 ~ 17:00) 2-3-1 Minato Nago City Okinawa 905-0014

 8. Sending the fee by registered mail must be postmarked by 24 February 2019.

 *Minors applying through Internet, Fami Port, TEL, FAX MUST have parents' consent

 No. 5-7 Excluding Sun. Sat. and Japanese national holidays cannot accept aplication

 No. 4-7 Excluding from 28 Dec.2019 5Jan.2020

6.Application Period

23 December (Mon.)2019 - 3 February (Mon.) 2020 * No application will be accepted on the race day.

An automated measuring instrument with transmitters attached to the number cards will be used for the record. Please check if the transmitter is attached to your number cards, otherwise you cannot be measured as a runner. If the transmitter isn't attached property,

Please keep the transmitter until the completion of the race. After you finish we will collect the transmitter, please follow instruction.

8. Obtaining the number card and commemorative T-shirt

The office will send the "Exchange Ticket for the Number Card" to registered address to obtain your number card and commemorative T-shirt before the

Please ensure you have your exchange tickets at the race site. Otherwise your participation in the race may be refused. Please be aware of this.

★*Please bring the exchange ticket and hand it in at the reception. You will be given your number card and a commemorative T-shirt for the race.

Location: Uruma City Community Center Hall (Uruma City Hall Yonashiro Branch)

467-4 Yakena Yonashiro Uruma-shi

Date for all events: 21 march (Sat.) 2020 13:00 – 18:00
Date for the marathon: 22march (Sun.) 2020 Half Marathon 6:30-8:30, Trim Marathon (10km) 6:30-9:20, Trim Marathon

*1.Traffic congestion around the site is anticipated due to the traffic restriction implemented for race. We recommend participants of Trim Marathon (10km/3.8km) to exchange the cards on 21 March (Sat.) 2020

2. The copy of the application form should be kept in a safe place.

3. We will exchange the number card to the T-shirt for the people who applied the race but couldn't participate for the certain reasons.

*use of cell pho
*We will exchange the number card to the 1-shirt for the people who applied the face but couldn't
participate for the certain reasons.

*wuse of cell pho
*during driving.

4.Please make sure that you return the transmitter back. (Including people who exchange the number card but didn't participate the race.) If you didn't
return, lose or corrupt the transmitter, the actual cost of the transmitter (2,000yen) will be charged.

9.Safety precautions

- Please follow the direction given by the person in change for each event at the starting point.
- Please follow the direction given by the policeman and event staff during the race.
- Distance from the start point is displayed every 1km and at the turning points. Wearing timing devices, such as watches and cell phones are forbidden.
- 5. Timing is counted by seconds. (Under second is rounded up to the nearest.)6. Please run carefully to avoid any accidental contact with other runners, especially at the turning points.

10.Prize

- Road Race (Half Marathon)
- (1)1st-3rd (Male/Female)
 (2)By age (30's, 40's, 50's, 60's and over 70's) 1st Male and Female
 (3)1st among Uruma citizens (Male/Female)*The winners will be invited to the Takuboku-no-Sato Fureai Marathon (Morioka City Iwate Prefecture).
- Please refer to the web site for more information of the criteria for the selection
- 2. Trim Marathon
 (1)Pitari Prize...Each event (Male/Female) 1st-3rd. *3 People from each group of men and women who have lesser differences between their declared
- redicted time and actual running time will be awarded.

 *If many people have the same result, the shorter time and older people are given priority.
- (2) Best participants in each event (Male/Female) The best completion time.
 3. Aged Person Prize. Each aged male and female runner who accomplishes the race is eligible for the prize.
 4. Participation from out of Okinawa Prize. A male and a female participant who comes from outside Okinawa are selected in a drawing.
 5. 20 times half marathon finishers

11.Advance Healthcare Directive

- 1. Please submit to a medical check before the race, and take full responsibility for your healthcare.
- If you feel sick during the race, please stop the race and inform the staff.

 The hosts of the race will handle and accidents during the race such as first –aid procedure and within the range of the insurance, but are not responsible for anything besides this.
- The race staff and doctor can judge that a runner should stop running, please follow the direction immediately Please keep your personal belonging safe. We cannot be responsible for lost or stolen items.
- *The baggage claim will be located in the basketball court in the park. The fee is 500yen.
- 6. The application and payment should be done within the designated period. In this case, we will refund the fee after deducting the money transfer

12.Covenant

- Please check the following contents before making the decision to participate in the race.
 You can't change the even you applied, predicted time you declared or the size of the T-shirt after application, and the fee is nonrefundable.
 You have to take a proper procedure for the entry to the race. Anyone who don't have the number card, or a substitute runner isn't allowed to participate the race.
 In case of cancellation of the race due to bad weather, earthquake, wind and flood damage, accident or plague etc. or over payment, or overlapping payment, we can't refund the fee.
 If you don't indicate our size of the T-shirt, L-size is issued for men and M-size for women. If you don't fill our predicted time or the time you fill is longer the time limit, the limit time is our predicted time.
 Running with your pets would be annoying to other runners and strictly prohibited.
 We obey the Act on the Protection of Personal Information and use the personal information obtained from the participants only for the making of number cards, sending the exchange tickets and related notification and offering service from our sponsors.
 Rights of publishing and using related videos, photographs, articles and record to television programs, newspapers, magazines or the internet websites belong to the host of the race.
 Before parents give permission to minors to participate in the race, please read this implementation guidance.
 Before parents give permission to minors to participate only for Trim Marathon (3.8km) and for safety purpose, starting at very end.
 Under the Tournament Comment 4, below are the cases the organizer might have to discontinue the tournament due to force majeure and safety issues.

- issues.

 1. High temperature and humidity. Increasing of temperature and humidity, decided by the organizer.

 2. Typhoon, heavy rain, flood, and storm. The day of the tournament if decided by the organizer.

 3. Natural disaster, fire(along the coarse), and terrorism. Natural disaster within Okinawa, due to safety issue to the organizer, participants, volunteers

13.Contact (Speaking Japanese Only)

Ayahashi Kaichu Road Race Tournament Office (Uruma City Yonashiro Comprehensive Park) 1 Chuo Yonashiro Uruma-shi Okinawa 904-2305 TEL: 098-978-9404 FAX: 098-978-9405 URL http://www.i.sam.co.jp/ayahashi_roadrace/ Email: ayahashi_race@grace.ocn.ne.jp

I.SAM LTD. Entry Center

Okinawa Industry Support Center 405 1831-1 Oroku Naha-shi Okinawa 901-0152

TEL:098-987-4000 10:30~16:00 (Excluding Sun., Sat. and Japanese national holidays)

Application 20th Ayahashi road Race Tournament Application

This application form is used at following 4 place and registered mail.

Ayahashi Kaichu Road Race Tournament Office 1 Chuo Yonashiro Uruma City Okinawa
Ryukyu Shimpo Main Branch Office 1-10-3 Izumizaki Naha City Okinawa 900-8525
Ryukyu Shimpo Chubu Branch Office 25-6 Nakasone Okinawa City Okinawa 904-0014
Ryukyu Shimpo Northern Branch Office 2-3-1 Minato Nago City Okinawa 905-0014please circle the event race No.

	Adult	1	Men	¥4,000	10	Adult	5	Mei		¥3,50			Adult	9	Men	¥3,500
Half		2	Women	+ 4,000			6	Wom	en			3.8		10	Women	
i idii	Child	3	Men	¥2,000	km	Child	7	Mei	1 + 2	2,00	n km		Child	11	Men	¥2,000
		4	Women	+ 2,000			8	Wom		.,000				12	Women	
ple	please circle the size for T-SHIRT Please fill the report time (all courses)										es)					
1	00 · 130 · S · M · L · XL H M						S									
	Men											rthday				
Name		Women											Y M D			D
Parents	When an underage person applies, for entry need parent signature your Phone															
	Participation of a minor above accept agreement on the tournament						tel	Emergency Phone () -								
	₹	Ŧ												Receipt	mark	
Address																

For 20 times half marathon finishers
ase fill in names on the right if you had finished past 19 times half marathons
(Tournament office will check past records)

Customer copy receipt

20th Avahashi Road Race Tournament

	<u> </u>
	Race No.
	Amount ¥
	Name
	Receipt Mark
	Pleace Keep this receipt carefully

Ayahashi Kaichu Road Race Tornament Office TEL098-978-9404